



Has She or Hasn't She?

Gwyneth Paltrow is an iconic all-American natural beauty—so when the 38-year-old actress turned up at the premiere of her latest flick, *Country Strong*, looking noticeably refreshed we couldn't help but wonder: Had she engaged in cosmetic enhancement? We took the case to three experts who've never worked with Paltrow and asked them to speculate on whether she's had work done.

DR. SANDY SKOTNICKI-GRANT, MD, FRCPC, DERMATOLOGIST: "I think Gwyneth has had a bit of work done but whoever's doing it is good. The LA look is overdone! She looks a bit more plump in the cheeks and has no lines around the eyes or glabellar (frown), which you would expect to see at her age and with her fair colour. This means she likely has a small amount of Botox to correct her frown and crow's feet and some filler in her cheeks. Her lips are natural. She is strong and confident, and I'm sure she tells whoever is working on her to keep it ultra-natural and not overdone."

DR. ANDRES GANTOUS, MD, FRCSC, FACS, FACIAL PLASTIC SURGERY/OTOLARYNGOLOGY HEAD AND NECK SURGERY: "Gwyneth Paltrow is a beautiful woman with classical facial features. She has definitely aged well during the past 15 years. When comparing old and recent photos of her, it's evident that she's maintained a good skincare regimen and has protected her skin from sun damage. I believe that there's been some judicious use of volume replacement fillers and Botox. This has allowed her to maintain a youthful and natural look that's greatly enhanced by a good makeup artist. I don't think that she has undergone any facial rejuvenating surgical procedures."

DR. ARMAGHAN AFSAR, DDS, COSMETIC DENTIST: "Based on the photos, I don't believe that Gwyneth Paltrow has had any cosmetic dentistry. While she has beautiful teeth and a beautiful smile, you can that see her two front teeth are tilted inwards towards each other. However, judging by the brightness of her teeth, it's possible that she does take part in a tooth-whitening system."