## AS SEEN IN Elevate ANTI-AGING · ENHANCEMENT · WELLNESS

## **Q.** What is fat grafting and can it help add volume to my face?

"Volume loss to the cheeks and under the eyes is part of the aging process, and fat grafting can rejuvenate the face with naturallooking results. Fat grafting is a surgical procedure that requires general anesthetic and is much more elaborate than using a dermal filler. Fat, usually taken from the thighs or stomach, is harvested and then transferred into the recipient site. You can expect soreness and bruising for up to two weeks in the donor and recipient areas, but if you want a long-lasting effect using a natural substance, are willing to undergo a procedure, or have a history of reaction to fillers then you may be a good candidate for fat grafting."

—Dr. Andres Gantous, a Torontobased facial plastic surgeon

## mainevent

Injectables have officially hit the mainstream. The Aesthetic Surgery Education and Research Foundation, the research arm of the American Society for Aesthetic Plastic Surgery, surveyed 687 Botox and hyaluronic acid filler patients, and found that 87 per cent were open about the treatments when talking to their family and friends.



Injectable fillers can reduce the appearance of fine lines and wrinkles up to

Source: http://www.articlesnatch.com by Abigail Aaronson For details, see Shopping Guide, page 62.

## Introducing a breakthrough acne solution from Obagi

Acne isn't new, but there is a new "solution." Introducing CLENZIderm<sup>™</sup> – a clinical-strength acne therapeutic system that clinically proven to quickly clear acne. In a recent clinical study, after 3 weeks of use, CLENZIderm<sup>™</sup>.\*

- Reduced sore red acne by 62%
- Reduced blackheads and whiteheads by 47%

Ask today if CLENZIderm<sup>™</sup> is right for you or someone you know!



Before CLENZIderm<sup>™</sup>

veeks after CLENZIderm™









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